

UNMASKING COMMUNICATION



Quick communication tips to keep in mind when you are masked-up!

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1 MINIMIZE DISTRACTIONS

Limit competing sounds. Turn off the TV or radio. Wait before turning on loud or noisy appliances. If needed, step into a quieter space



2 SHARE THE FLOOR

Only have one person speak at a time!



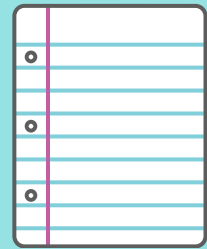
3 USE ASSISTIVE DEVICES

If you have a hearing aid, use it! Speech-to-text apps are excellent resources to have speech transcribed into written language that can be followed in a conversation.



4 WRITE

Keep a note pad or dry erase board handy to jot down a quick note or key words/phrases.



5 CLEAR FACE MASKS

Consider use of clear face masks if someone you know needs the visual feedback when communicating.



6 ASK!

The simplest tip you can use it to ask someone how they prefer to communicate. Never assume that what's easy for you is easy for someone else.



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